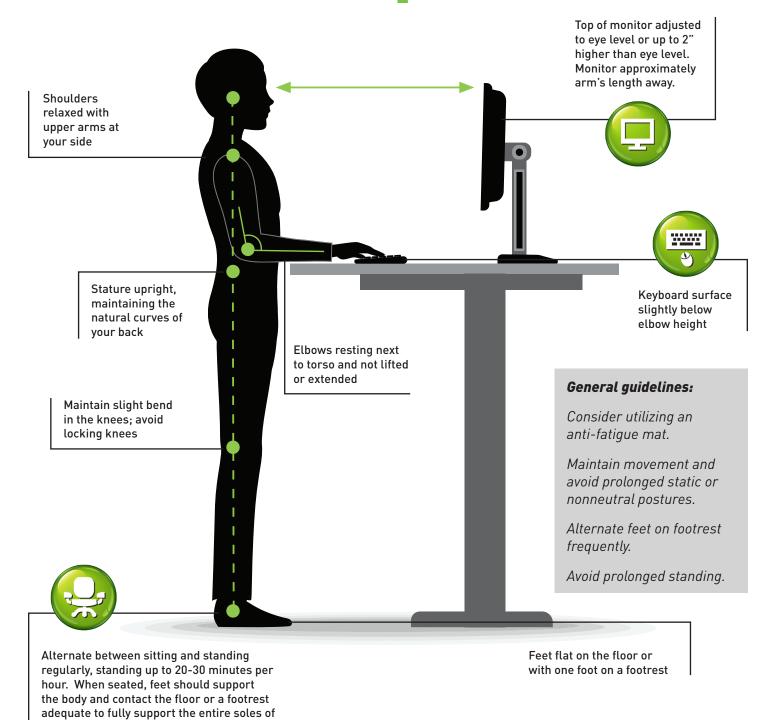
Office ergonomics: Simple solutions for comfort and safety

Standing neutral posture





both feet. Avoid dangling feet while seated.